

1. Scapula Alata Team Intensivseminar

1st Scapula Alata Team Intensive Seminar

Theorie + Praxis 2-Tages Seminar

Theory + Practice 2-day Seminar

Location: ORTHOLUTIONS

83026 Rosenheim, Germany

Leitung: Jenny Schmid Ortholutions

Dino Gallo Ortholutions

Lecturer: Lisbeth Rejsenhus PT, Denmark

Henrik Tingleff CPO, Denmark

Dino Gallo CPO, Germany



Seminar Sprache

Seminar Language: English

Programm - Schedule

Day 1

- | | | |
|---------------|---|---------------|
| 10:00 – 11:30 | Welcome and Presentation | |
| | -Theory: Scapula Alata: A Case Presentation | |
| | -Etiologi – Nervus Thoracicus longus affection | |
| | -The scapula – function and dysfunction | (L Rejsenhus) |
| 11:30 – 11:45 | Coffee-break | |
| 11:45 - 12:15 | The scapula – function and dysfunction – a small theoretical exercise | (L Rejsenhus) |
| 12:15 - 13:00 | Examination and analysis of a Scapula Alata patient | (L Rejsenhus) |
| 13:00 – 14:00 | Lunch | |

- 14:00 – 15:30 The sa-Brace Scapula Alata Brace Design – Part 1
Measurements, production, fitting and finishing (H Tingleff, D Gallo)
- 15:30 – 16:00 Coffee-break
- 16:00 – 18:00 The sa-Brace Scapula Alata Brace Design – Part 2
The Pelotte (H Tingleff, D Gallo)
(L Rejsenhus)
- 18:00 See you tomorrow (or at dinner at 20:00)

Day 2

- 08:30 - 10:00 Follow up from yesterday – questions
Examination and analysis – practical (L Rejsenhus)
 - 10:00 Coffee break
 - 10:30 Purpose of treatment with Brace and Physiotherapy
Behavior and adaptation to the sa-Brace and the treatment (L Rejsenhus)
Exercises, choice and progression – with and without sa-Brace.
Use of exercise bank + upload of your own exercises to the patient login (L Rejsenhus)
 - 12:30 – 13:30 Lunch
 - 13:30 Instructions in use of login on website (L Rejsenhus)
 - 14:00 Approach and Answers / Marketing
-There is a treatment! Scapula Alata patients are out there.
-How do we find and get hold of these patients.
-Useful ideas and approaches
 - 15:30 Test, Conclusion and hand-out of the certifications (L Rejsenhus, H Tingleff)
- Documentation:
Handbook (manual) on Scapula Alata Treatment, Certification of Attendance

Thursday, 6. June 2019 Friday, 7. June 2019

- 10:00 Start 8:30 Start
- 18:00 End 15:30 End



The sa-Brace and the Scapula Alata Physiotherapy Concept The Scapula Alata Treatment Team Seminar

Henrik Tingleff is an entrepreneur and certified Orthotist & Prosthetist, and has designed, created, fitted and documented more than 700 Braces for patients with Scapula Alata over the last 20 years.

Lisbeth Rejsenus is a Physical Therapist and has also worked treating patients with Scapula Alata for 20 years. She has been working on the idea of taking this treatment across borders for five years.

Henrik and Lisbeth have been working together since 2016, and with their knowledge, skills and considerable experience, they have studied the ideal set-up, creation and development of conservative Scapula Alata treatment options.

Together with Dino Gallo and Jenny Schmid from ORTHOLUTIONS, in the summer of 2019, they will be launching their objective of reaching as many professionals as possible who are willing to work as interdisciplinary, cooperating teams. The goal is not only to find as many co-operating teams as possible, but also to find treatment teams which have a genuine interest in doing the optimum for their Scapula Alata patients.

We are training treatment teams which consist of CO + PT + MD. We want to cover all countries and ensure that there are enough treatment teams to take care of all the patients that we find.

GENERAL INFO ON SCAPULA ALTATA PATIENTS

In Denmark, a country with a population of 5.7 million, we diagnose around 100 Scapula Alata patients each year. In addition to this, other patients are often overlooked and there are also patients who are told that there is no treatment. In Germany, some 1,400 patients require treatment each year in comparison with Denmark.

We are looking for treatment teams that are eager to help this overlooked group of patients, some of whom are disabled for no reason because they lack the treatment. After a few weeks of getting used to the SA-brace and starting with their rehabilitation, most of these patients are able to return to their job and their normal daily life.

The treatment teams should naturally be ready to work closely together, with a high level of professionalism, but also be ready to put in the extra effort, to help point out to everyone, patients, politicians, colleges and everyone else, that a highly effective treatment is available for Scapula Alata and that the patients don't need to suffer anymore.

INTENDED AUDIENCE

You are a CPO/ CO, PT or MD and you are curious by nature and like working in a team. You would also like to translate theory directly into practice. If this is the case, you are what we are looking for and you are cordially invited to attend this seminar.

Accommodation for Seminar Attendees are recommended at the following Hotels nearby Ortholutions

The price of accommodation is not included in the seminar price.

When you do reserve your Hotel Room, please contact the Hotel direct via Mail. At the Hotel Happinger we have pre-reserved rooms. Please specify with your room reservation, that you take part in the 'ORTHOLUTIONS Seminar + mention the Room **Contingent Word: Scapula-Alata Seminar**'. Accepted Hotel booking is only direct at Hotel Happinger Hof via E-Mail or Fax.

Landgasthof Happinger Hof **** > 1,7 km (= 3 minutes) by car from Ortholutions
Happinger Str. 23 – 25
83026 Rosenheim
Telefon +49 (0)8031 - 61 69 7 – 0
E-Mail: info@happingerhof.de www.happingerhof.de

Hotel San Gabriele**** > 2,6 km (= 5 minutes) by car from Ortholutions
Zellerhornstr. 16
83026 Rosenheim
Telefon +49 (0) 8031 / 26070
info@hotel-sangabriele.de www.hotel-sangabriele.de/index.html

Traveling to Rosenheim, Germany

The nearest Airport to Rosenheim is Munich (MUC) Germany – 1 ¼ hours by car. The Airport Salzburg (Austria) is also close by – about 1 ½ hours by car. We'd be happy to help you to organize the transportation from the Airport to the Hotel in Rosenheim witch takes about 1 ¼ hour driving time. Shuttle cost's are from 70.- to 140.- € Euro (depending on Shuttle and how many people will be transported). The transportation from the Hotel to the Seminar Location (Ortholutions, Am Oberfeld 8, 83026 Rosenheim) you can ideally do by calling a taxi. The taxi needs about 7 Minutes pure driving time if you choose one of the above Hotels. If you prefer to walk it will be 45 Minutes walking distance.

